# STATE CHILD HEALTH PLAN UNDER TITLE XXI OF THE SOCIAL SECURITY ACT

(Req	uired under 4901 of the Balanced Budget Act of 1997 [N	New section 2101(b)])
	State <u>DELAWARE</u>	
As a condition for recei	pt of Federal funds under Title XXI of	the Social Security Act,
<i>T</i>	Thomas R. Carper, Governor	
	(Signature of Governor of State,	Date Signed)
Program Name:	Delaware Healthy Children F	Program (DHCP)
submits the following S	State Child Health Plan for the State Chi	ldren's Health Insurance Program
and hereby agrees to ad	minister the program in accordance wit	h the provisions of the State Child
Health Plan, the require	ements of Titles XXI and XIX of the Ac	t and all applicable Federal
regulations and other of	fficial issuance of the US Department of	f Health and Human Services.

Transmittal # \_\_DHCP 98-1 \_\_\_\_\_ Approval Date\_\_\_\_\_\_\_
Supersedes
Transmittal # \_\_New \_\_\_\_ Effective Date October 1, 1998

# Section 1. General Description and purpose of the State Child Health Plan (Section 2101) The State will use funds provided under Title XXI primarily for (check appropriate box): 1.1 ☒ Obtaining coverage that meets the requirements for a State Child Health Insurance Plan (Section 2103); OR 1.2 ☐ Providing expanded benefits under the State's Medicaid plan (Title XIX); OR 1.3 ☐ A combination of both of the above.

Transmittal # <u>DHCP 98-1</u> Supersedes	Approval Date
Transmittal # New	Effective Date October 1, 1998

# Section 2. General Background and Description of State Approach to Child Health Coverage (Section 2102(a)(1)-(3) and Section 2105(c)(7)(A)-(B))

2.1 Describe the extent to which, and manner in which, children in the State including targeted low-income children and other classes of children, by income level and other relevant factors, such as race and ethnicity and geographic location, currently have creditable health coverage (as defined in section 2110(c)(2)). To the extent feasible, make a distinction between creditable coverage under public health insurance programs and public-private partnerships (see Section 10 for annual report requirements).

The population of Delaware was estimated to be 724,773 in 1996. There were 183,895 children in the 0 - 18 age group or 25% of the State population. Based on the Center for Applied Demography and Survey Research, University of Delaware, approximately 23,432 children (or 13% of the children in Delaware) are uninsured. Of the 23,432 uninsured children in the 0 - 18 age group, 14,581 (or 2.0% of the State's population) are  $\leq$  200% FPL; 8,851 (4.8% of the State's population) are  $\geq$  200% FPL. It is assumed that approximately 4,068 uninsured children age 0 - 18  $\leq$  100% FPL are eligible for Medicaid/Title XIX. Therefore, DHCP will target approximately 10,513 children between 100% - 200% FPL.

Of the 183,895 children 0 - 18 in Delaware, 89.5% have some form of health insurance: 112,135 (or 61.0%) have private insurance; 48,328 (or 26.3%) currently have health care coverage through Title XIX Medicaid; 4,068 (or 2.2%) are eligible for, but not receiving Medicaid. In essence, Title XXI will increase the number of insured children in the 0 - 18 group by 10,513 (or 5.7%), thereby bringing the total of insured children in Delaware to 95.2%. The remaining 8,851 (or 4.8%) or the 0 - 18 population comprises uninsured children above 200% FPL.

According to a published report by the Center for Applied Demography and Survey Research, University of Delaware (U of D), Blacks are twice as likely to be without health insurance compared to Caucasians. Hispanics have a higher risk, almost 5% higher, than Blacks of being without insurance. 51% of the uninsured are male, 69% are White, 8% are Hispanic.

The major reason cited by the U of D report for lack of insurance among 0 - 18 year olds are: poverty, lack of education, lack of work experience, and no family responsibility (i.e., unmarried and without children). Parents of these children are likely to be single-parent households with low-income jobs.

	3
Transmittal # DHCP 98-1	Approval Date
Supersedes	
Transmittal # New	Effective Date October 1, 1998

### **Section 2 - continued**

- 2.2 Describe the current State efforts to provide or obtain creditable health coverage for uncovered children by addressing: (Section 2102(a)(2))
  - 2.2.1 The steps the State is currently taking to identify and enroll all uncovered children who are eligible to participate in public health insurance programs (i.e. Medicaid and state-only child health insurance):

The State of Delaware expanded coverage for children to age 18 and to 100% of the Federal poverty level in 1992, in tandem with plans to develop an 1115 waiver. This waiver was in conjunction with the duPont Hospital for Children a.k.a. the Nemours Foundation. Nearly 7,000 newly eligible children were added in the first year of increased eligibility which constituted a 31.3% increase in the number of children served by Medicaid. When the State received approval for the 1115 waiver that authorized the Diamond State Health Plan, this population of children was rolled into the Diamond State Health Plan and duPont became a provider with all MCOs.

Pursuant to an initiative by the State, the Nemours Foundation also provides free primary health care services in physician clinics to uninsured children up to 175% of poverty and charges a fee on a sliding scale basis to those above 175% of poverty. Since its inception in 1993, the Nemours initiative has resulted in the creation of ten (10) new primary care facilities providing physician services to over 6,200 non-Medicaid children annually.

The Division of Social Services, Medical Assistance Program, the Division of Public Health and the Department of Education work closely together to identify uninsured children and route them to Medicaid for eligibility determination. We have developed an early identification program with the largest hospitals in the State to notify us immediately of the birth of a child to a Medicaid eligible mother. The State's Enrollment Broker (Health Benefits Manager) provides multiple outreach programs to bring the Diamond State Health Plan and Medicaid to the attention of possibly eligible persons. The State will amend the HBM contract to include these same services for the Title XXI population.

The enrollment process through the Health Benefits Manager worked very well and prevented direct marketing and adverse selection by managed care plans.

Transmittal # \_DHCP 98-1 \_\_\_\_\_ Approval Date\_\_\_\_\_\_
Supersedes
Transmittal # \_New \_\_\_\_ Effective Date October 1, 1998

### Section 2 (Subsection 2.2.1) - continued

The WIC program also participates with the State and the MCOs to identify children in the WIC program who may also be eligible for Medicaid.

2.2.2 The steps the State is currently taking to identify and enroll all uncovered children who are eligible to participate in health insurance programs that involve a public-private partnership:

The State's relationship with its managed care companies and the Health Benefits Manager (Enrollment Broker) are public-private partnerships. The outreach and education programs are provided in a public-private environment with the State working with each of these entities to identify and enroll eligible persons into the Medicaid program.

In addition, the Nemours Clinics provide services for the Medicaid Children, primarily through contracts with the Managed Care Organizations. They also provide services to uninsured children up to approximately 175% for no charge. These primary care clinics are supported primarily by the Nemours Foundation, a private philanthropical organization, whose trust requires investments in the health of Delaware's children.

2.3 Describe how the new State Title XXI program is designed to be coordinated with such efforts to increase the number of children with creditable health coverage so that only eligible targeted low-income children are covered: (Section 2102(a)(3))

The State of Delaware intends to use all of the above avenues to reach out to and enroll eligible children in the Title XXI program. In particular, the outreach and education programs developed by the Health Benefits Manager (enrollment broker) and contracting MCOs will be used to move this program forward. The outreach efforts by the State, the Health Benefits Manager and the MCOs include routine visits to Community centers, churches, schools and school based health centers. Also routinely visited are State Services Centers, WIC and Food Stamp sites, and community groups in the inner city and Hispanic communities. The State intends to continue to use the existing Health Benefits Manager as the Enrollment Broker and the existing MCOs as service delivery providers. This will ensure close coordination with the Medicaid Program and ensure that the same high-quality Medicaid enrollment process serves Title XXI children as well.

	<u> </u>	
Transmittal # <u>DHCP 98-1</u> Supersedes	Approval Date	
Transmittal # New	Effective Date October 1, 1998	

### Section 2 (Subsection 2.3) - continued

The State will amend its existing contracts with the Health Benefits Manager and the Managed Care Organizations to provide the Title XXI program to the enrollees. These amendments will clearly define the need to keep these two populations separate for monitoring and reporting purposes. The State's populations for the Title XIX and the Title XXI program are too small to require separate and distinct MCO departments for administering these public lines of business.

Future RFPs for the State public managed care programs will include requirements to administer the State's Title XIX and Title XXI programs as defined in this plan.

Transmittal # <u>DHCP 98-1</u> Supersedes	Approval Date
Transmittal # New	Effective Date October 1, 1998

Check here if the State elects to use funds provided under Title XXI only to provide expanded eligibility under the State's Medicaid plan, and continue to Section 4.

Describe the methods of delivery of the child health assistance using Title XXI funds

**Section 3.** General Contents of State Child Health Plan (Section 2102(a)(4))

to target low-income children: (Section 2102(a)(4))

3.1

	The Delaware Healthy Children Program (DHCP) is targeted to children under age 19 with income at or below 200% of the Federal Poverty Level (FPL). The service package will include all of those basic benefit services provided under the State's Medicaid Managed Care program as it was structured during 1998. Services will be provided by the same fully capitated managed care organizations (MCOs) participating with Medicaid. In addition, participants in the DHCP will receive pharmacy services comparable to the Medicaid population. They will also receive 31 days of mental health and substance abuse treatment services (any treatment modality) in a calendar year in addition to the basic MCO benefit of 30 outpatient visits for mental health. Beyond the 31 days of additional coverage of inpatient care, children will become eligible for Medicaid long-term care services. Thus the DHCP will provide very high quality mental health and substance abuse coverage - coverage which is better by far than most private sector coverage. Services will be provided statewide with no variations based on geography.  Children are eligible under Title XXI (DHCP) only after enrollment with a MCO. Delaware assures that it will spend no more than 10% of actual or estimated Federal expenditures for outreach and administrative costs in accordance with Section 2105(a)(2)). The plan does not currently include any initiative to provide services through any options other than through MCO capitated arrangements with
	the two "wrap-around" services listed above.  Describe the utilization controls under the child health assistance provided under the
	plan for targeted low-income children: (Section 2102(a)(4))
	Delaware will use the same utilization control procedures as are used for the Diamond State Health Plan (also see Section 7). These are:
	7
	·
Supersedes	DHCP 98-1 Approval Date
Transmittal #	New Effective Date October 1, 1998

### **Section 3 - continued**

### **Utilization Management**

The MCO must have written utilization management policies and procedures that include protocols for denial of services, prior approval, hospital discharge planning, physician profiling, and retrospective review of claims. As part of its utilization management function the MCO must also have processes to identify utilization problems and undertake corrective action.

The MCO will develop and maintain a Utilization Management Committee to oversee utilization management decisions. The committee must include membership by individuals representative of the organization's provider network. The committee must also participate in the development of utilization management policies and procedures. The MCO must also ensure that it has sufficient/appropriate staff and resources to perform utilization management functions.

In addition, the State operates a Drug Utilization Review system that provides for prospective and retrospective reviews with oversight provided by a nine-member board. The prospective review generates alerts for medication problems at the time that the prescription is dispensed. The retrospective review monitors beneficiary compliance and overall prescribing/dispensing patterns.

	8	
Transmittal # <u>DHCP 98-1</u> Supersedes	Approval Date	
Supersedes Transmittal # <u>New</u>	Effective Date October 1, 1998	

Section 4.	Eligibility	Standards and Methodology (Section 2102(b))
		ne State elects to use funds provided under Title XXI only to provide ility under the State's Medicaid plan, and continue to Section 5.
	children for following st	ing standards may be used to determine eligibility of targeted low-income child health assistance under the plan. Please note whether any of the tandards are used and check all that apply. If applicable, describe the will be used to apply the standard. (Section 2102(b)(1)(A))
	4.1.1 ⊠	Geographic area served by the Plan: All of Delaware
	4.1.2 ⊠	Age: Under age 19 (through age 18)
	4.1.3 ⊠	Income: Eligibility will be established using gross income of all immediate family* members living in the same household with a standard \$90 disregard per earner, a disregard for the amount of actual child care expenses up to \$175 for children age 2 and above and \$200 for children under age two. In addition, there will be a disregard of the first \$50 of child support for any potentially eligible children. The resultant countable income will be compared to 200% of the FPL for a family the size of those in the immediate family with one exception (a pregnant woman will count as two [2] people for determining the FPL level to use). Income less than or equal to 200% of the FPL will qualify the children for eligibility for The Delaware Healthy Children Program. (The State is considering allowing a buy-in for families with incomes between 200% and 300% of the FPL with payment of the full capitation amount as their premium as part of a State-supported initiative.) * "Immediate family" is defined a unit (living in the same household) comprised of various adults who are legally/financially responsible for each other, and various children (related or unrelated) for whom the adults have legal responsibility or for whom the adults have accepted parental-like responsibility. This is the same definition that is used for Medicaid eligibility.
	4.1.4 □	Resources (including any standards relating to spend downs and disposition of resources):
	4.1.5 ⊠	Residency: Must be current Delaware resident with intent to remain.
		9
	DHCP 98-1	Approval Date
Supersedes Transmittal #	New	Effective Date_October 1, 1998

# **Section 4 (Subsection 4.1) - continued** 4.1.6 □ Disability Status (so long as any standard relating to disability status does not restrict eligibility): 4.1.7 × Access to or coverage under other health coverage: Must be uninsured for at least 6 previous months (see exceptions in section 4.4.3). $4.1.8 \, \square$ Duration of eligibility: 12 months of guaranteed eligibility 4.1.9 × Other standards (identify and describe): must be (1) a citizen of the United States or must have legally resided in the US for at least 5 years if their date of entrance into the US is 8/22/96 or (2) meet the Personal Responsibility and Work Opportunity Reconciliation Act of 1997 (PRWORA) definition of qualified alien; and (3) ineligible for enrollment in any public group health plan.

- 4.2 The State assures that it has made the following findings with respect to the eligibility standards in its plan: (Section 2102(b)(1)(B))
  - 4.2.1 

     These standards do not discriminate on the basis of diagnosis.
  - 4.2.2 Within a defined group of covered targeted low-income children, these standards do not cover children of higher income families without covering children with a lower family income.
  - 4.2.3 ☑ These standards do not deny eligibility based on a child having a preexisting medical condition.

Transmittal # \_DHCP 98-1 \_ Approval Date\_\_\_\_\_\_
Supersedes
Transmittal # \_New \_\_\_\_\_ Effective Date\_October 1, 1998

### **Section 4 - continued**

4.3 Describe the methods of establishing eligibility and continuing enrollment (Section 2102(b)(2))

Eligibility and redeterminations of eligibility will be conducted by staff under the administration of the Title XIX / Medicaid program consistent with those activities for Medicaid applicants / recipients.

Individuals will be enrolled with MCOs using the same Health Benefits Manager and the same process of enrollment as is used by Delaware's Diamond State Health Plan. Individuals will be given a time frame to choose an MCO, and then, in the absence of any indication of choice, will be automatically assigned to an MCO based on location and availability of providers.

The application form for Delaware's Title XXI program will be incorporated into the Medicaid application so that there is no need to apply separately after a determination of Medicaid eligibility is completed.

Eligibility will always be determined, as defined in the remainder of this section, by staff under the administration of the Title XIX/Medicaid program, using abbreviated, mail-in applications and outstationing eligibility staff at various sites. On a daily basis, the information on all Title XIX and Title XXI clients will be electronically transferred to the State's Health Benefits Manager and the State's Fiscal Agent. The Health Benefits Manager will mail information regarding all available MCO choices to the client. As with Title XIX, clients eligible under Title XXI will have an enrollment application that pre-selects an MCO for them. If written or verbal contact is not made by the client to the HBM within thirty (30) days of their eligibility start date, they will be assigned to the pre-assigned MCO. The HBM does a follow-up telephone contact 20 days after the first notice. All information from the HBM to the Title XXI eligible will carry the name of the Title XXI program and will be separate and distinct from Title XIX information.

Applicants who have been uninsured less than 6 months will be given a time when their pending application for the program can be approved. If children have been enrolled in DHCP, but premiums have not been paid for two months, the HBM will suspend eligibility and enrollment in the MCO will end. The family will then be ineligible for six months from the date of suspension and disenrollment, unless they can demonstrate good cause, as defined by the State, for non-payment of premiums.

	1 1	
Transmittal # <u>DHCP 98-1</u>	Approval Date	
Supersedes Transmittal # New	Effective Date October 1, 1998	
Transmittal #	Elicotive Date October 1, 1000	

### Section 4 - continued

- 4.4 This section addresses eligibility screening and coordination with other health coverage programs. States must describe how they will assure:
  - 4.4.1 Through intake and follow-up screening, that only targeted low-income children who are ineligible for either Medicaid or not receiving other creditable coverage are furnished child health assistance under the State child health plan; (Section 2102(b)(3)(A))

The Delaware Client Information System (DCIS) and the Medicaid Management Information System will be used to monitor and control eligibility. The DCIS will contain edits that assure that income and age limitations are not exceeded and that action is taken when a child is about to turn age 19. Likewise, the MMIS will contain edits that assure that aid category codes for this population are limited to individuals under age 19.

4.4.2 That children found through the screening to be eligible for medical assistance under the State Medicaid plan under Title XIX are enrolled for assistance under such plan: (Section 2102(b)(3)(B))

The eligibility for Title XXI, Delaware Healthy Children Program, will be done in conjunction with a Medicaid application. Policy will require that Medicaid / Title XIX be the primary program for coverage for children. Since the benefits for the Medicaid population with "wrap around" services is a slightly richer package than for Title XXI, staff will be assuring that the Medicaid package has priority. When the State's DCIS II system is updated to include this population, programming will be done to assure that Medicaid is first in the priority level for establishment of eligibility. It is expected that the DCIS II upgrades, including changes needed for Title XXI eligibility, will be completed and piloted in August 1998, with full roll-out to all eligibility sites by January 1999. (See Section 2.3)

Transmittal # \_DHCP 98-1 \_ Approval Date\_ Supersedes
Transmittal # \_New \_ Effective Date\_October 1, 1998

# Section 4 (Subsection 4.4)- continued

4.4.3 That the insurance provided under the State child health plan does not substitute for coverage under group health plans. (Section 2102(b)(3)(C))

The Delaware Title XXI program is targeted to uninsured children and is not expected to supplant any health insurance currently provided to any applicant. Delaware's approach to crowd out is:

Children are not eligible for the Delaware Title XXI program unless they have been without health coverage for at least the six preceding months. Exceptions to this would be made if coverage is lost due to:

- death of parent,
- disability of parent,
- termination of employment,
- change to a new employer who does not cover dependents,
- change of address so that no employer-sponsored coverage is available,
- expiration of the coverage periods established by COBRA
- employer terminating health coverage as an benefit for all employees.

The recommendation for enforcement of this provision is:

Simple declaration at the time of application and during each redetermination.

4.4.4 That provision of child health assistance to targeted low-income children in the State does not discriminate against those who are Indians (as defined in section 4(c) of the Indian Health Care Improvement Act, 25 U.S.C. 1603(c)) (Section 2102(b)(3)(D))

N/A for Delaware

Transmittal # DHCP 98-1	Approval Date	
Supersedes Transmittal # New		
Transmittal # New	Effective Date October 1, 1998	

# Section 4 (Subsection 4.4) - continued

4.4.5 Coordination with other public and private programs providing creditable coverage for low-income children. (Section 2102(b)(3)(E))

The public and private entities which provide health care to children in the State are already in partnership with Delaware's Department of Health and Social Services which will be administering this program. The State is entering discussions with the Nemours Foundation, which provides primary care services to low-income and underinsured children who are not eligible for Medicaid to obtain their agreement to alter their income cap to cover children above 200% of FPL on a more generous basis since the State will assume coverage for uninsured children below 200% of the FPL who meet eligibility criteria.

Describe the State's eligibility screening process in a way that addresses the five assurances specified above. The State should consider including in this description important definitions, the relationship with affected Federal, State and local agencies, and other applicable criteria that will describe the State's ability to make assurances.

All applicants will be screened by staff employed by the State of Delaware Division of Social Services to assure that they are potentially eligible targeted low income children. The screening document will determine:

- 1. If the child(ren) has Medicaid coverage or is potentially eligible. If the child has Medicaid, the Social Services staff will cease screening for The Delaware Healthy Children Program. If potentially eligible because family income appears to be less than the Medicaid limit, a Medicaid application will be processed.
- 2. If the child is not Medicaid eligible, the social worker will screen for family income, credible coverage within last six months, residency, citizenship, Social Security Numbers, and age.
- 3. If child appears to qualify based on passing those screens, an application will be mailed or handed to the family.
- 4. Other State and private agencies serving potentially eligible targeted low income children will be encouraged to refer such children for screening.

17		
Transmittal # <u>DHCP 98-1</u> Supersedes	Approval Date	
Transmittal # New	Effective Date_October 1, 1998	

### Section 5. Outreach and Coordination

Describe the procedures used by the State to accomplish:

5.1 Outreach to families of children likely to be eligible for assistance or under other public or private health coverage to inform them of the availability of, and to assist them in enrolling the children in, such a program. (Section 2102(c)(1)

The State plans a multi-pronged approach to finding, notifying and assisting eligible children to enroll in DHCP such as:

- The State plans to replicate the simplified application process in place for Medicaid and continue to outstation staff to complete Medicaid and DHCP applications. Staff will coordinate the application so families can be screened and apply for both programs with a single application by mail without a face to face interview.
- During the Public Hearing process we will elicit partners who can help outreach to children in their communities, service area, client base etc. We will ask for their suggestions for outreach strategies. Delaware will supplement this process by considering the schools as an outreach point, because the Title XXI program targets children.
- Non-traditional outreach strategies which have been used successfully in other States, such as adding a check off box to the reduced/free lunch application in schools, will be considered. The sentence will ask parents if they would like their child's name referred to Medicaid for an application for benefits. Other non-traditional strategies may include fliers on pizza boxes and fast food trays, temporary agency employees paycheck inserts, article in the American Association of Retire Persons newsletter to reach grandparents raising their grandchildren.
- Delaware plans to search out other states' initiatives that have been successful and replicate those in Delaware if feasible.
- The State will use all media types which are cost effective, such as traditional mailings, newspaper, buses, and Public Service Announcements on radio and television for different ethnic/racial/demographic/age markets.

	15
Transported # DUCD 00 4	Annual Data
Transmittal # <u>DHCP 98-1</u> Supersedes	Approval Date
Transmittal # New	Effective Date October 1, 1998

# Section 5 (Subsection 5.1) - continued

- The State will target children within the State programs who are known to be potentially eligible like children receiving food stamps, WIC, subsidized child care, etc. for a special "invitation" to join with a simplified application process since income/technical requirements are stored in common shared computer eligibility file.
- The State will periodically reevaluate and revise outreach strategies so enrollment is successful.
- 5.2 Coordination of the administration of this program with other public and private health insurance programs: (Section 2102(c)(2))
  - State will coordinate with Medicaid program by having staff who will process both DHCP and Medicaid applications. Eligibility will be determined by a common form and common computer eligibility system.
  - MMIS TPL procedures will be extended to DHCP children to identify children who may have private insurance coverage and are not eligible for DHCP. TPL staff will verify coverage and DHCP will be terminated.
  - Managed Care Organizations in which DHCP children are enrolled, will also perform TPL processing to identify children with other private health insurance.
  - State plans to search out other states initiatives that have been successful in coordinating benefits with other health insurance programs and replicate those in Delaware if feasible.

Transmittal # \_DHCP 98-1 \_ Approval Date\_\_\_\_\_\_\_
Supersedes
Transmittal # \_New \_ Effective Date \_October 1, 1998

Coverage Requirements for Children's Health Insurance (Section 2103)  Check here if the state elects to use funds provided under Title XXI only to provide expanded eligibility under the state's Medicaid plan, and continue on to Section 7.		
Γhe state ele hat apply.)	state elects to provide the following forms of coverage to children: (Check all apply.)	
5.1.1. ⊠	Benchmar	rk coverage; (Section 2103(a)(1))
6.1.1		FEHBP-equivalent coverage; (Section 2103(b)(1)) (If checked, attach copy of the plan.)
6.1.1	.2. 🗵	State employee coverage; (Section 2103(b)(2)). See Attachment A
6.1.1	2	HMO with largest insured commercial enrollment (Section 2103(b)(3)) (If checked, identify the plan and attach a copy of the benefits description.)
5.1.2. 🗆	including exclusion	rk-equivalent coverage; (Section 2103(a)(2)) Specify the coverage, the amount, scope and duration of each service, as well as any s or limitations. Please attach signed actuarial report that requirements specified in Section 2103(c)(4). See ons.
5.1.3. □	Existing Comprehensive State-Based Coverage; (Section 2103(a)(3)) [Only applicable to New York; Florida; Pennsylvania] Please attach a description of the benefits package, administration, date of enactment. If "existing comprehensive state-based coverage" is modified, please provide an actuarial opinion documenting that the actuarial value of the modification is greater than the value as of 8/5/97 or one of the benchmark plans. Describe the fiscal year 1996 state expenditures for "existing comprehensive state-based coverage."	
6.1.4. ☐ Secretary-Approved Coverage. (Section 2103(a)(4))		
17		
DHCP 98-1		Approval Date  Effective Date_October 1, 1998
	provide to Section Section Section Section Section Section Section Section Section Secretary-Associated Secretary-	provide expanded to Section 7.  The state elects to proving apply.)  1.1.1.  Benchman 6.1.1.1.    6.1.1.2.    6.1.1.3.  Benchman including exclusion meets the instruction of applicable description of the existing provide a modificate benchman "existing of the existing o

### **Section 6 - continued**

6.2. The state elects to provide the following forms of coverage to children: (Check all that apply. If an item is checked, describe the coverage with respect to the amount, duration and scope of services covered, as well as any exclusions or limitations) (Section 2110(a))

The following services marked with an  $\boxtimes$  are covered by the Delaware Healthy Children Program either as part of a basic MCO benefit package when medically necessary or as a "wrap-around" service - exceptions/limitations noted:

- 6.2.1. \( \sum \) Inpatient services (Section 2110(a)(1))
- 6.2.2. Outpatient services (Section 2110(a)(2))
- 6.2.3. Physician services (Section 2110(a)(3))
- 6.2.4. Surgical services (Section 2110(a)(4))
- 6.2.5. Clinic services (including health center services) and other ambulatory health care services. (Section 2110(a)(5))
- 6.2.6. Prescription drugs (Section 2110(a)(6)) included as a "wrap-around" service with the same limitations as the Title XIX program.
- 6.2.7. 
  Over-the-counter medications (Section 2110(a)(7)) included as a "wrap-around" and limited to drug categories where the over-the-counter product may be less toxic, have fewer side effects, and be less costly than an equivalent legend product.
- 6.2.8. \( \bigsize \) Laboratory and radiological services (Section 2110(a)(8))
- 6.2.9. Prenatal care and pre-pregnancy family services and supplies (Section 2110(a)(9))
- Inpatient mental health services, other than services described in 6.2.18., but including services furnished in a state-operated mental hospital and including residential or other 24-hour therapeutically planned structural services (Section 2110(a)(10)) inpatient mental health services may be provided as a "wrap-around" service for up to 31 days per calendar year with the limitation that the 31 days also includes any other mental health and/or substance abuse treatment services (including outpatient, residential and any other treatment modality) outside of the basic MCO benefit of 30 outpatient visits. Children who need inpatient services beyond this will convert to Medicaid Long-Term Care.

Transmittal # <u>DHCP 98-1</u>	Approval Date
Supersedes Transmittal # <u>New</u>	Effective Date October 1, 1998
Transmittal # <u>New</u>	Effective Date October 1, 1990

# Section 6 (Subsection 6.2) - continued

6.2.11. ⊠	Outpatient mental health services, other than services described in 6.2.19, but including services furnished in a state-operated mental
	hospital and including community-based services (Section 2110(a)(11) -30 days of outpatient care included in the basic MCO benefit.
	Additional days (up to 31) available through wrap-around. See note
	in 6.2.10.
6.2.12. ⊠	Durable medical equipment and other medically-related or remedial
	devices (such as prosthetic devices, implants, eyeglasses, hearing aids,
	dental devices, and adaptive devices) (Section 2110(a)(12)) - dental
	devices are not provided as part of the basic benefit or wrap-around
	services.
6.2.13. ⊠	Disposable medical supplies (Section 2110(a)(13))
6.2.14. ⊠	Home and community-based health care services (See instructions)
	(Section 2110(a)(14)) - limited to medically necessary home health
	services provided by the MCOs as part of the basic benefit. Does
	NOT include personal care, chore services, day care, respite care, or home modifications. Home health aide services are covered as
	medically necessary according to the State's published definition.
6.2.15. ⊠	Nursing care services (See instructions) (Section 2110(a)(15)) - there is a
	limit of 28 hours of Private Duty Nursing Services per week in the
	basic benefit; no additional hours available.
6.2.16. ⊠	Abortion only if necessary to save the life of the mother or if the
	pregnancy is the result of an act of rape or incest (Section 2110(a)(16)
6.2.17. <b>□</b>	Dental services (Section 2110(a)(17))
6.2.18. ⊠	Inpatient substance abuse treatment services and residential substance
6 <b>2</b> 10 🖼	abuse treatment services (Section 2110(a)(18)) - see note in 6.2.10.
6.2.19. ⊠	Outpatient substance abuse treatment services (Section 2110(a)(19)) - see note in 6.2.10.
6.2.20. ☒	Case management services (Section 2110(a)(20))
6.2.21. ⊠	Care coordination services (Section 2110(a)(20))  Care coordination services (Section 2110(a)(21))
6.2.22. ⊠	Physical therapy, occupational therapy, and services for individuals
0.2.22. <b>—</b>	with speech, hearing, and language disorders (Section 2110(a)(22))
6.2.23. ⊠	Hospice care (Section 2110(a)(23))
6.2.24. ⊠	Any other medical, diagnostic, screening, preventive, restorative,
	remedial, therapeutic, or rehabilitative services. (See instructions) (Section 2110(a)(24))

# **Section 6 (Subsection 6.2) - continued**

	6.2.25. □ 6.2.26. ⊠ 6.2.27. □ 6.2.28. □	Medical tr only as pro Enabling s services (S Any other	for private health care insurance coverage (Section 2110(a)(25)) ansportation (Section 2110(a)(26)) <i>Emergency transportation ovided in the basic benefit package</i> . ervices (such as transportation, translation, and outreach See instructions) (Section 2110(a)(27)) health care services or items specified by the Secretary and ed under this section (Section 2110(a)(28))	
6.3.	under the p it must requ application	Additional Purchase Options. If the state wishes to provide services plan through cost effective alternatives or the purchase of family coverage, uest the appropriate waiver. Review and approval of the waiver u(s) will be distinct from the state plan approval process. To be approved, ust address the following: (Section 2105(c)(2) and(3))		
		of the 10% lim health assistant health services children (inclu- children); 3) et 2102(c)(1) und	Cost Effective Alternatives. Payment may be made to a state in excess of the 10% limitation on use of funds for payments for: 1) other child nealth assistance for targeted low-income children; 2) expenditures for nealth services initiatives under the plan for improving the health of children (including targeted low-income children and other low-income children); 3) expenditures for outreach activities as provided in section (102(c)(1) under the plan; and 4) other reasonable costs incurred by the state to administer the plan, if it demonstrates the following:	
		6.3.1.1.	Coverage provided to targeted low-income children through such expenditures must meet the coverage requirements above; <b>Describe the coverage provided by the alternative delivery system</b> . <b>The state may cross reference section 6.2.1 - 6.2.28.</b> (Section 2105(c)(2)(B)(i))	
		6.3.1.2.	The cost of such coverage must not be greater, on an average per child basis, than the cost of coverage that would otherwise be provided for the coverage described above; and <b>Describe the cost of such coverage on an average per child basis</b> . (Section 2105(c)(2)(B)(ii))	

	20
Transmittal # DHCP 98-1	Approval Date
Supersedes Transmittal # <u>New</u>	Effective Date October 1, 1998

### Section 6 (Subsection 6.3) - continued

- 6.3.1.3. The coverage must be provided through the use of a community-based health delivery system, such as through contracts with health centers receiving funds under section 330 of the Public Health Service Act or with hospitals such as those that receive disproportionate share payment adjustments under section 1886(d)(5)(F) or 1923 of the Social Security Act. Describe the community based delivery system. (Section 2105(c)(2)(B)(iii))
- 6.3.2. **Purchase of Family Coverage.** Describe the plan to provide family coverage. Payment may be made to a state for the purpose of family coverage under a group health plan or health insurance coverage that includes coverage of targeted low-income children, if it demonstrates the following: (Section 2105(c)(3))
  - 6.3.2.1. Purchase of family coverage is cost-effective relative to the amounts that the state would have paid to obtain comparable coverage only of the targeted low-income children involved; and (Describe the associated costs for purchasing the family coverage relative to the coverage for the low income children.) (Section 2105(c)(3)(A))
- The state assures that the family coverage would not otherwise substitute for health 6.3.2.2. insurance coverage that would be provided to such children but for the purchase of family coverage. (Section 2105(c)(3)(B))

21 Transmittal # DHCP 98-1 Approval Date Supersedes Transmittal # New Effective Date October 1, 1998

### Section 7. Quality and Appropriateness of Care

Check here if the state elects to use funds provided under Title XXI only to provide
expanded eligibility under the state's Medicaid plan, and continue on to Section 8.

Describe the methods (including external and internal monitoring) used to assure the 7.1. quality and appropriateness of care, particularly with respect to well-baby care, wellchild care, and immunizations provided under the plan. (2102(A)(7)(A))

### Quality Assurance Structure

The MCO's utilization management and quality assurance program will consist of internal monitoring by the MCOs, oversight by DSS and the federal government, and evaluation by an independent, external review organization (EQRO). These programs are in place for the MCOs currently contracting for Title XIX clients and the same programs will be used for Title XXI. Future RFPs for Managed Care Organizations will include the need to provide services for both the Title XIX and the Title XXI programs. All MCOs must have a quality assurance structure composed of:

- An internal system of monitoring services; (a)
- **(b)** Designated staff with expertise in quality assurance; and
- Written policies and procedures for quality assurance and utilization (c)management.

### Quality Assurance System

As with Title XIX, MCOs are required to establish, implement, and adhere to the Quality Assurance and Utilization Management review systems approved by the Department and based on the current HCFA guidelines (A Health Care Quality Improvement System for Medicaid Managed Care issued July 6, 1993) or subsequent revisions thereof, and shall:

Ensure that health care is provided as medically necessary in an effective (a) and efficient manner;

	22
T	
Transmittal # <u>DHCP 98-1</u> Supersedes	Approval Date
Transmittal # New	Effective Date October 1, 1998

### Section 7 (Subsection 7.1) - continued

- (b) Assess the appropriateness and timeliness of care provided;
- (c) Evaluate and improve, as necessary, access to care and quality of care with a focus on improving patient outcomes;
- (d) Focus on the clinical quality of medical care rendered to enrollees; and
- (e) Incorporate all the "Minimum Quality Assurance and Utilization Management Requirements."

MCOs will be held accountable for monitoring, evaluating, and taking action as necessary to improve the health of its members under contract with DSS. MCOs will also be held accountable for the quality of care delivered by sub-contractors which must comply with all quality management procedures and requirements of this RFP.

### **Quality Assurance Policy and Procedures**

<u>NOTE:</u> These policies and procedures are already in place for Title XIX. MCOs must distinguish between Title XIX and Title XXI for reporting.

### Internal policies and procedures must:

- (a) Assure that the utilization management and quality assurance committee has established parameters for operating and meets on a regular schedule which is at least quarterly; committee members must be clearly identified and representative of the MCO's providers, accountable to the medical director and governing body, and must maintain appropriate documentation of the committee's activities, findings, recommendations, and actions;
- (b) Provide for regular utilization management and quality assurance reporting to the MCO management and MCO providers, including profiling of provider utilization patterns;
- (c) Be developed and implemented by professionals with adequate and appropriate experience in quality assurance;

25		
Transmittal # DHCP 98-1	Approval Date	-
Supersedes Transmittal # New	Effective Date October 1, 1998	_

### **Section 7 (Subsection 7.1)- continued**

- (d) Provide for systematic data collection and analysis of performance and patient results;
- (e) Provide for interpretation of this data to practitioners;
- (f) Provide for making appropriate changes when problems in quality of care are found; and
- (g) Clearly define the roles, functions, and responsibilities of the quality assurance committee and medical director.

### **Internal Quality Assurance Program**

The MCO must have an internal written quality assurance plan (QAP) that monitors, assures, and improves the quality of care delivered over a wide range of clinical and health service delivery areas. Emphasis must be placed on, but need not be limited to, clinical areas relating to well baby care, well child care, pediatric and adolescent development, as well as on key access or other priority issues for [Title XXI] patients such as teen age pregnancy and immunizations.

All MCOs are to structure their internal QAPs in a manner consistent with the standards as outlined in the Federal Government's "Quality Assurance Reform Initiative Guide for States" (QARI) or subsequent revisions thereof, for internal and external quality assurance reviews.

### **Provider Profiling**

The MCO must have written credentialing and re-credentialing policies and procedures for determining and assuring that all providers under contract to the plan are licensed by the State and qualified to perform their services according to HCFA's "A Health Care Quality Improvement System for Medicaid Managed Care: A Guide for the States, or subsequent revisions thereof. The MCO also must have written policies and procedures for monitoring its providers and for disciplining providers who are found to be out-of-compliance with the MCO's medical management standards.

LT	
Transmittal # DHCP 98-1	Approval Date
Supersedes	
Transmittal # New	Effective Date October 1, 1998

### **Section 7 (Subsection 7.1) - continued**

### Quality Assurance Report

As with the existing Title XIX program, plans will also be required to submit periodically to DSS reports regarding results of their internal monitoring. This will include the reporting of The Health Plan Employer Data and Information Set (HEDIS), version 3.0 or subsequent revisions, and other targeted health indicators that shall be monitored by DSS as well as other specific quality data periodically requested by the federal government. The MCO must agree to submit a quality assurance report six (6) months after the contract effective date and semi-annually thereafter. These reports will distinguish clearly between the Title XIX and the Title XXI programs.

### **Outcomes Objectives**

The State, in conjunction with the MCOs, will develop a system of incentives for reaching outcome objectives in certain key areas to be defined by the State and MCOs. These outcome objectives will include, at a minimum, childhood immunizations, well baby and well child care pediatric asthma, and behavioral health care. MCOs will be required to submit on a periodic basis objective numerical data and/or narrative reports describing clinical and related information on health services and outcomes of health care for the Title XXI and Title XIX enrolled populations. Each program will be handled as separate programs for reporting.

### **Internal Staff**

The State's enrolled populations for the Title XIX and the Title XXI programs are too small to require separate internal programs for the MCOs. Therefore, internal staff and internal committees may serve both populations. A clear definition will be made during reporting.

Transmittal # \_DHCP 98-1 \_\_\_\_\_ Approval Date\_\_\_\_\_\_
Supersedes
Transmittal # \_New \_\_\_\_ Effective Date October 1, 1998

### **Section 7 (Subsection 7.1) - continued**

The MCO must designate a quality assurance and utilization management coordinator, who is either the MCO's medical director or a person who directly reports to the medical director. This individual is responsible for the development and implementation of the quality assurance program. The coordinator must have adequate and appropriate experience in successful utilization management and quality assurance programs and be given sufficient time and support staff to carry out the MCO's utilization management and quality assurance functions. This person, or persons, will also be responsible for assuring the interface and support of the EQRO and State quality assurance functions as necessary.

### **Quality Assurance Committee**

MCOs must have a quality assurance committee that assists the coordinator in carrying out all quality assurance functions. This committee must satisfy the DSS's requirements and, at a minimum:

- (a) Demonstrate that the Committee will have oversight responsibility and input on all quality assurance and utilization management activities;
- (b) Demonstrate that the committee has accountability to the MCOs governing board;
- (c) Ensure membership on the committee and active participation by individuals representative of the MCOs provider community; and
- (d) Demonstrate that the contractor will secure adequate insurance for members of the committee and subcommittees.

Transmittal # DHCP 98-1 Approval Date Supersedes
Transmittal # New Effective Date October 1, 1998

### **Section 7 (Subsection 7.1) - continued**

### Quality Assurance and Utilization Management Coordinator

The coordinator and the quality assurance committee must be accountable to the MCO's governing body.

The qualifications and responsibilities must include but need not be limited to what follows below. Specifically, the coordinator must:

- (a) Be licensed to practice medicine in the United States and be board-certified or board-eligible in his or her field of specialty;
- (b) Be responsible for developing the MCO's annual written quality assurance description including areas and objectives, scope, specific activities, and methodologies for continuous tracking, provide review and focus on health outcomes;
- (c) Be responsible for the MCO's utilization management and quality assurance committee, direct the development and implementation of the MCO's internal quality assurance plan and utilization management activities, and monitor the quality of care that MCO members receive;
- (d) Oversee the development of clinical care standards and practice guidelines and protocols for the MCO;
- (e) Review all potential quality of care problems and oversee development and implementation of continuous assessment and improvement of the quality of care provided to members;
- (f) Assure that adequate staff and resources are available for the provision of proper medical care and health education to members;
- (g) Specify clinical or health service areas to be monitored;
- (h) Specify the use of quality indicators that are objective, measurable, and based on current knowledge and clinical experience for priority areas selected by DSS as well as for areas the MCO selects; current Health Plan Employer Data and Information Set standards must be used;

Transmittal # DHCP 98-1 Approval Date Supersedes
Transmittal # New Effective Date October 1, 1998

# Section 7 (Subsection 7.1) - continued

- (i) Oversee the MCO's referral process for specialty and out-of-plan services; all denied services must be reviewed by a physician, physician assistant, or advanced nurse practitioner; the reason for the denial must be documented and logged; all denials must identify appeal rights of the member;
- (j) Be involved in the MCO's recruiting and credentialing activities;
- (k) Be involved in the MCO's process for prior authorization and denying services;
- (l) Be involved in the MCO's process for ensuring the confidentiality of medical records and member information;
- (m) Be involved in the MCO's process for ensuring the confidentiality of the appointments, treatments, and required State reporting of adolescent sexually transmitted diseases;
- (n) Work with the special programs coordinator to assure that reports of disease and conditions are made to DSS in accordance with all applicable State statutes, rules, guidelines, and policies and with all metropolitan ordinances and policies;
- (o) Assure that control measures for tuberculosis, sexually transmitted diseases, and communicable disease are carried out in accordance with applicable laws and guidelines and contained in each provider manual;
- (p) Serve as a liaison between the MCO and its providers and communicate regularly with the MCO's providers, including oversight of provider education, in-service training, and orientation;
- (q) Be available to the MCO's medical staff for consultation on referrals, denials, complaints, and problems;

	28
Transmittal # DHCP 98-1	Approval Data
Supersedes	Approval Date
Transmittal # New	Effective Date October 1, 1998

### **Section 7 (Subsection 7.1) - continued**

- (r) Attend State medical director's meetings;
- (s) Maintain current medical information pertaining to clinical practice and guidelines; and
- (t) Attend grievance committee meetings when necessary.

### **External Quality Assurance Reviews**

DSS will contract with independent, external evaluators to examine the quality of care provided by MCOs. The State will amend the existing contract with its EQRO for the Title XIX program. The amendment will clearly define the need to keep the populations and associated reporting separate.

The MCO will be required to cooperate with any external quality, independent assessment of its performance which has been duly authorized by DSS. Independent assessments shall include, but not be limited to, the federally required reviews of (1) access to care, quality of care, cost effectiveness, and the effect of case management; (2) the contractor's quality assurance procedures, implementation of the procedures, and the quality of care provided; and (3) consumer satisfaction surveys.

The MCO agrees to assist in the identification and collection of any data or medical records to be reviewed by the independent assessors and/or DSS. The contractor shall ensure that the data, medical records, and work space are available to the independent assessors or DSS at the contractor's work site.

DSS will monitor each MCO's adherence to QARI standards through one or more of the following mechanisms:

- (a) Review of each MCO's written QAP prior to contract execution;
- (b) Periodic review of numerical data and/or narrative reports describing clinical and related information on health services and outcomes of health care for the enrolled population;

	29
Transmittal # DUCD 00 4	Approval Data
Transmittal # <u>DHCP 98-1</u> Supersedes	Approval Date
Transmittal # New	Effective Date October 1, 1998

### **Section 7 (Subsection 7.1) - continued**

- (c)On-site monitoring by DSS of QAP implementation to ensure compliance with all standards; such monitoring will take place at least once every six (6) months;
- Independent, external review of the quality of services furnished by each (d) MCO, conducted by an entity under contract to DSS; such reviews will be conducted at least once each year; the MCO must agree to make available DSS's external evaluator medical and other records (subject to confidentiality constraints) for review as requested;
- On-site visits and inspections of facilities; (e)
- **(f)** Staff and enrollee interviews;
- Review of appointment scheduling logs, emergency room logs, denial of **(g)** services, and other areas that will indicate quality of care delivered to enrollees;
- Medical records reviews; **(h)**
- All quality assurance procedures, reports, committee activities and (i)recommendations, and corrective actions;
- Review of staff and provider qualifications; (j)
- (k) Review of grievance procedures and resolutions; and
- Review of requests for transfers between primary care providers within each (l)MCO.

The MCO shall submit a corrective action plan to resolve any performance or quality of care deficiencies identified by the independent assessors and DSS as determined necessary by DSS.

30 Transmittal # DHCP 98-1 Approval Date Supersedes Transmittal # New Effective Date October 1, 1998

### **Section 7 (Subsection 7.1) - continued**

### Fraud and Abuse Protections

The MCO may not knowingly:

- (a) have a person who has been debarred, suspended, or otherwise excluded from participating in procurement activities under the Federal Acquisition Regulation or from participating in non procurement activities under regulations issued pursuant to Executive Order 12549 or under guidelines implementing such order, as a Director, officer, partner, or person with beneficial ownership of more than 5% of the entity's equity, or
- (b) have an employment, consulting, or other agreement with a person described above for the provision of items and services that are significant and material to the entity's obligations under its contract with the State.

The MCO may not distribute directly or indirectly or through any agent or independent contractor marketing materials within the state:

- (a) without prior approval of the State, and,
- (b) that contain false and materially misleading information.

The MCO shall develop marketing materials specially for the Title XXI program. These materials will be provided to the State's HBM. The HBM will include these materials in all mailings to the eligible population.

The MCO shall distribute marketing materials to entire service areas covered under this contract.

The MCO or its subcontractors may not seek to influence an individual's enrollment with the MCO in conjunction with the sale of any other insurance.

The MCO shall comply with such procedures and conditions as the State prescribes in order to ensure that before a member is enrolled with the MCO, the individual is provided accurate oral and written information sufficient to make an informed decision.

Transmittal # \_DHCP 98-1 \_ Approval Date\_\_\_\_\_\_
Supersedes
Transmittal # \_New \_ Effective Date\_October 1, 1998

### **Section 7 (Subsection 7.1) - continued**

The MCO shall not directly or indirectly, conduct door-to-door, telephonic or other "cold-call" marketing of enrollment.

The MCO shall require each professional providing services to members eligible for the program to have a unique provider identifier, the method of which will be approved by the State.

The MCO shall report any fraudulent or abusive practices by subcontractors or providers to DSS for investigation or referral to other appropriate authorities and must cooperate with any subsequent investigation. The MCO and its providers are subject to review or investigation by DSS and other State agencies for quality of care, fraud or abuse, and must cooperate fully in the provision of requested information to offices, including but not limited to, DHSS, the Department of Justice, the State Auditor, the Insurance Department, and the appropriate licensing agencies within the Department of Administrative Services.

### Member Satisfaction Report

MCOs must survey their members on at least an annual basis to determine satisfaction with MCO's services.

The MCO must agree to collect and assist DSS in collecting annual member satisfaction data through application of a uniform instrument to a randomly selected sample of its members The State will design a questionnaire to measure satisfaction and include measures of out-of-plan use, to include use of emergency rooms; average waiting time for appointments, including physician office visits; average time and distance to reach providers; access to special providers; and the number and causes of disenrollment; and coordination with other health programs. This member satisfaction survey will be based on the Consumer Assessment of Health Plan Survey (CAHPS). To ensure comparability of results, all members will receive the same survey. DSS will consider suggestions from the MCO for questions to be included in this survey. DSS will tally the results of these surveys which will be published.

	<u> </u>
Transmittal # DHCP 98-1	Approval Date
Supersedes	
Transmittal # New	Effective Date October 1, 1998

### **Section 7 (Subsection 7.1) - continued**

Will the state utilize any of the following tools to assure quality? (Check all that apply and describe the activities for any categories utilized.)

- 7.1.1. ⊠ Quality standards
- 7.1.2. \( \omega \) Performance measurement
- 7.1.3.  $\boxtimes$  Information strategies
- 7.1.4. \( \) Quality improvement strategies
- 7.2. Describe the methods used, including monitoring, to assure access to covered services, including emergency services. (2102(A)(7)(B))

Delaware will expect its contracting Medicaid MCOs to use existing provider panels to provide services to the DHCP. The State requires a 1:2500 patient to primary care provider ratio for DSHP and expects the MCOs to maintain that ratio for the DHCP. The MMIS provides weekly reports on MCO capacity. These reports are monitored by DSHP staff. The MCOs are notified of access issues and the need to add providers. Delaware Medicaid's three contracting MCOs have contracts with all of the State's hospitals for outpatient and emergency care. A majority of Delaware's physician providers also contract with the Medicaid MCOs. The State's contracting MCOs report percentage of primary providers with open panels on a quarterly basis to DSHP. During the 4<sup>th</sup> quarter of 1997, the MCOs reported 93% of their primary providers with open panels.

The state requires the ''prudent layperson'' language for emergency services as defined by the BBA of 1997.

The State will perform consumer satisfaction surveys and will require the MCOs to perform consumer satisfaction surveys. Issues related to access are an integral part of these surveys. The State uses a modified CAHPs survey for the DSHP and will use the same methodology for the DHCP. The State also uses grievance and complaint records for DSHP to identify MCO panels that may be reaching capacity. These methods have worked well for DSHP and we would expect the same results for the DHCP.

	33
Transmittal # DHCP 98-1	Approval Date
Supersedes	
Transmittal # New	Effective Date October 1, 1998

Section 8.	Cost Sharing and Payment (Section 2103(e))  Check here if the state elects to use funds provided under Title XXI only to provide expanded eligibility under the state's Medicaid plan, and continue on to Section 9.
8.1.	Is cost-sharing imposed on any of the children covered under the plan?
	8.1.1. ⊠ YES 8.1.2. □ NO, skip to question 8.5.
8.2.	Describe the amount of cost-sharing and any sliding scale based on income: (Section $2103(e)(1)(A)$ )
	<ul> <li>8.2.1. Premiums: \$10 per family per month (PFPM) for families with incomes between 101% and 133% of the FPL, \$15 PFPM for families with incomes between 134% and 166% of the FPL, and \$25 PFPM for families with incomes between 167% and 200% of the FPL (see Section 4.3 for information on effect of non-payment of premiums). Incentives for prepayment of premiums will be considered.</li> <li>8.2.2. Deductibles:</li> <li>8.2.3. Coinsurance: \$10 per emergency room visit (waived if results in immediate inpatient hospitalization or if a prudent layperson would interpret the need for the visit to the ER to be an emergency)</li> <li>8.2.4. Other:</li> </ul>
8.3.	Describe how the public will be notified of this cost-sharing and any differences based on income:
	The public will be notified of cost sharing requirements and any other aspects of the DHCP through the State's Administrative Procedures Act which requires publishing everything that has an impact on State citizens and provides an opportunity for public comment. Information is published in the Delaware Register of Regulations monthly as changes or new initiatives occur (www.state.de.us/research/dor/register.htm). Information will also be initially provided at public meetings and through outreach and educational efforts. Delaware will also use the Health Benefits Manager to educate and continue to do outreach similar to the DSHP.
	34
Transmittal #	# DHCP 98-1 Approval Date

Effective Date October 1, 1998

Transmittal # New

### **Section 8 - continued**

- 8.4. The state assures that it has made the following findings with respect to the cost sharing and payment aspects of its plan: (Section 2103(e))
  - 8.4.1. \( \times \) Cost-sharing does not favor children from higher income families over lower income families. (Section 2103(e)(1)(B))
  - 8.4.2. No cost-sharing applies to well-baby and well-child care, including age-appropriate immunizations. (Section 2103(e)(2))
  - 8.4.3. No child in a family with income less than 150% of the Federal Poverty Level will incur cost-sharing that is not permitted under 1916(b)(1).
  - 8.4.4. No Federal funds will be used toward state matching requirements. (Section 2105(c)(4))
  - 8.4.5. No premiums or cost-sharing will be used toward state matching requirements. (Section 2105(c)(5)
  - 8.4.6. 

    No funds under this title will be used for coverage if a private insurer would have been obligated to provide such assistance except for a provision limiting this obligation because the child is eligible under the this title. (Section 2105(c)(6)(A))
  - 8.4.7. ☑ Income and resource standards and methodologies for determining Medicaid eligibility are not more restrictive than those applied as of June 1, 1997. (Section 2105(d)(1))
  - 8.4.8. No funds provided under this title or coverage funded by this title will include coverage of abortion except if necessary to save the life of the mother or if the pregnancy is the result of an act of rape or incest. (Section 2105)(c)(7)(B))
  - 8.4.9. No funds provided under this title will be used to pay for any abortion or to assist in the purchase, in whole or in part, for coverage that includes abortion (except as described above). (Section 2105)(c)(7)(A))

33		
Transmittal # <u>DHCP 98-1</u>	Approval Date	
Supersedes Transmittal # <u>New</u>	Effective Date_October 1, 1998	

### Section 8 - continued

8.5. Describe how the state will ensure that the annual aggregate cost-sharing for a family does not exceed 5 percent of such family's annual income for the year involved: (Section 2103(e)(3)(B))

Since cost sharing is per family per month (PFPM), rather than per member per month, each family will pay the same amount no matter the number of children in the household. The premium rates are significantly less than those allowed by the Balance Budget Act of 1997 for premiums (see chart below). There is a minimal copayment of \$10 per inappropriate use of the emergency room that will be waived if a prudent layperson would deem the visit an emergency or if it results in an inpatient admission.

Delaware believes these levels of cost sharing are affordable but, at the same time, provide an incentive for clients to responsibly use health care services and avoid unnecessary emergency room visits.

Premiums as a percentage of Income

% of FPL*	Family Size	101%	133%	134%	166%	167%	200%
\$120 Annual Premium	1	1.47%	1.12%				
	2	1.09%	0.83%				
	3	0.87%	0.66%				
\$180 Annual Premium	1			1.66%	1.35%		
	2			1.23%	1%		
	3			0.98%	0.79%		
\$300 Annual Premium	1					2.23%	1.86%
	2					1.65%	1.38%
	3					1.32%	1.1%

<sup>\*</sup> Based on the 1998 Poverty Limit of \$8050 for 1 person, \$10,850 for 2, and \$13,650 for 3.

- 8.6. The state assures that, with respect to pre-existing medical conditions, one of the following two statements applies to its plan:
  - 8.6.1. 

    The state shall not permit the imposition of any pre-existing medical condition exclusion for covered services (Section 2102(b)(1)(B)(ii)); OR
  - 8.6.2. ☐ The state contracts with a group health plan or group health insurance coverage, or contracts with a group health plan to provide family coverage under a waiver (see Section 6.3.2. of the template). Pre-existing medical conditions are permitted to the extent allowed by HIPAA/ERISA (Section 2109(a)(1),(2)). Please describe:

Transmittal # DHCP 98-1	Approval Date
Supersedes Transmittal # <u>New</u>	Effective Date October 1, 1998

# Section 9. Strategic Objectives and Performance Goals for the Plan Administration (Section 2107)

- 9.1. Describe strategic objectives for increasing the extent of creditable health coverage among targeted low-income children and other low-income children: (Section 2107(a)(2))
  - 1) to decrease the number of uninsured children and thereby improve their health and chances for life success;
  - 2) to mainstream uninsured children in the health care industry so they receive the same quality of care as insured children; and
  - 3) to go from a clinical base system (fee-for-service/sick care) to a community-base system (managed care/preventive care) which provides genuine access to high quality care.
- 9.2. Specify one or more performance goals for each strategic objective identified: (Section 2107(a)(3))
  - 1) show-rate of uninsured children;
  - 2) percentage increase in wellness visits; and
  - 3) percentage decline in unnecessary emergency room visits.
- 9.3. Describe how performance under the plan will be measured through objective, independently verifiable means and compared against performance goals in order to determine the state's performance, taking into account suggested performance indicators as specified below or other indicators the state develops: (Section 2107(a)(4)(A),(B))

The State will use the first year of the DHCP to develop base line information to monitor future years of the program. In addition, the State will expect the same utilization reporting for the DHCP that we currently receive for the DSHP. We will also monitor the experience of the DHCP against the experience for the same age cohorts under the DSHP to look for possible outliers.

The State will require encounter data submission for the DHCP. The State can also identify specific reporting categories and require the MCOs to report that information from their data base. The State will be able to report all of the HCFA required information identified in section 9.3.

Transmittal # DHCP 98-1	Approval Date
Supersedes Transmittal # New	Effective Date October 1, 1998

# Section 9 (Subsection 9.3) - continued

	applicable suggested performance measurements listed below that the state se: (Section $2107(a)(4)$ )
9.3.1. □	The increase in the percentage of Medicaid-eligible children enrolled in
	Medicaid.
	The reduction in the percentage of uninsured children.
	The increase in the percentage of children with a usual source of care.
9.3.4. ⊠	The extent to which outcome measures show progress on one or more of
	the health problems identified by the state.
9.3.5. □	HEDIS Measurement Set relevant to children and adolescents younger
	than 19.
9.3.6. □	Other child appropriate measurement set. List or describe the set used.
9.3.7. ⊠	If not utilizing the entire HEDIS Measurement Set, specify which
	measures will be collected, such as:
	9.3.7.1. ⊠ Immunizations
	9.3.7.2. ⊠ Well child care
	9.3.7.3. □ Adolescent well visits
	9.3.7.4. □ Satisfaction with care
	9.3.7.5.   ✓ Mental health
	9.3.7.6. □ Dental care
	9.3.7.7. ⊠ Other, please list: <u>ER Visits</u>
9.3.8. □	Performance measures for special targeted populations.
the Se	ate assures it will collect all data, maintain records and furnish reports to cretary at the times and in the standardized format that the Secretary es. (Section 2107(b)(1))

### **Section 9 - continued**

9.5. The state assures it will comply with the annual assessment and evaluation required under Section 10.1. and 10.2. (See Section 10) Briefly describe the state's plan for these annual assessments and reports. (Section 2107(b)(2))

The State of Delaware has provided quarterly reports and Annual progress reports to HCFA for the DSHP. The format and process used has received compliments from the HCFA Central office. We expect to use the same format and reporting methodology for the DHCP. This reporting will include all of the HCFA requested reports. The reports will contain a short summary review of the Title XXI program over the last quarter, or reporting year. This summary will be supported by back-up attachments that show the information requested in Sections 9.3 and 10.

- 9.6. The state assures it will provide the Secretary with access to any records or information relating to the plan for purposes of review of audit. (Section 2107(b)(3))
- 9.7. In an effort to promote consistency and comparability, the states and the federal government agree to work together, when feasible and appropriate, to develop uniform data specifications and measurement methodologies.
- 9.8. The state assures, to the extent they apply, that the following provisions of the Social Security Act will apply under Title XXI, to the same extent they apply to a state under Title XIX: (Section 2107(e))
  - 9.8.1.  $\boxtimes$  Section 1902(a)(4)(C) (relating to conflict of interest standards)
  - 9.8.2. Paragraphs (2), (16) and (17) of Section 1903(i) (relating to limitations on payment)
  - 9.8.3. ⊠ Section 1903(w) (relating to limitations on provider donations and taxes)
  - 9.8.4. ⊠ Section 1115 (relating to waiver authority)
  - 9.8.5. 

    Section 1116 (relating to administrative and judicial review), but only insofar as consistent with Title XXI

00		
Transmittal # DHCP 98-1	Approval Date	
Supersedes Transmittal # <u>New</u>		
Transmittal # <u>New</u>	Effective Date October 1, 1998	

วด

### **Section 9 (Subsection 9.8) - continued**

9.8.6. ⊠	Section 1124 (relating to disclosure of ownership and related
	information)
9.8.7. ⊠	Section 1126 (relating to disclosure of information about certain
	convicted individuals)
9.8.8. ⊠	Section 1128A (relating to civil monetary penalties)
9.8.9. ⊠	Section 1128B(d) (relating to criminal penalties for certain
	additional charges)
9.8.10.⊠	Section 1132 (relating to periods within which claims must be
	filed)
9.8.11 ⊠	Section 1912 (relating to Assignment of Rights of Payment)

9.9. Describe the process used by the state to accomplish involvement of the public in the design and implementation of the plan and the method for insuring ongoing public involvement. (Section 2107(c))

A Legislative hearing was held on 3/18/98 related to Senate Bill 246 which would authorize the DHCP for Delaware. There were thirty (30) advocates present with testimony from eleven (11) and written testimony from three (3).

The Delaware Health Care Commission (DHCC) hosted public hearings to obtain input on the Title XXI Plan in Kent County (Milford Library) on 3/31/98 and New Castle County (Stanton Middle School) on April 1, 1998.

The major issues raised at all hearings were the imposition of premiums, the sixmonth waiting period after loss of other insurance, the proposed \$25 copay on ER services, and the exclusion of dental benefits for these children. In addition, advocates expressed concern that the State was not pursuing presumptive eligibility.

The DHCC, after deliberating the testimony, supported the Plan as written with modifications/exceptions to the six-month waiting period and the \$25 copay on ER services. The recommended changes are reflected in this submission.

Delaware will publish, concurrent with this Plan submission, notice in the State's Register of Regulations under the requirements of the Administrative Procedures Act (APA). Any changes proposed after the Plan is implemented will be published in accordance with the APA with appropriate periods for comment and review/consideration of comments.

40 Transmittal # DHCP 98-1 Approval Date Supersedes Transmittal # New Effective Date October 1, 1998

### **Section 9 - continued**

9.10. Provide a budget for this program. Include details on the planned use of funds and sources of the non-Federal share of plan expenditures. *See Attachments B & C*.

### **Section 10.** Annual Reports and Evaluations (Section 2108)

- 10.1. Annual Reports. The state assures that it will assess the operation of the state plan under this Title in each fiscal year, including: (Section 2108(a)(1),(2))
  - 10.1.1. The progress made in reducing the number of uncovered low-income children and report to the Secretary by January 1 following the end of the fiscal year on the result of the assessment, and
  - 10.1.2. ⊠ Report to the Secretary, January 1 following the end of the fiscal year, on the result of the assessment.

	41	
Transmittal # <u>DHCP 98-1</u> Supersedes Transmittal # <u>New</u>	Approval Date	

### **Section 10 - continued**

Below is a chart listing the types of information that the state's annual report might include. Submission of such information will allow comparisons to be made between states and on a nationwide basis.

Attributes of Population	Number of Children with Creditable Coverage XIX OTHER CHIP	Number of Children without Creditable Coverage	TOTAL
Income Level:			
< 100%			
≤ 133%			
≤ 185%			
≤ 200%			
> 200%			
Age			
0 - 1			
1 - 5			
6 - 12			
13 - 18			
Race and Ethnicity			
American Indian or Alaskan Native			
Asian or Pacific Islander			
Black, not of Hispanic origin			
Hispanic			
White, not of Hispanic origin			
Location			
MSA			
Non-MSA			

Transmittal # DHCP 98-1 Approval Date Supersedes
Transmittal # New Effective Date October 1, 1998

### **Section 10 - continued**

- 10.2. State Evaluations. The state assures that by March 31, 2000 it will submit to the Secretary an evaluation of each of the items described and listed below: (Section 2108(b)(A)-(H))
  - 10.2.1. An assessment of the effectiveness of the state plan in increasing the number of children with creditable health coverage.
  - 10.2.2. A description and analysis of the effectiveness of elements of the state plan, including:
    - 10.2.2.1. ☒ The characteristics of the children and families assisted under the state plan including age of the children, family income, and the assisted child's access to or coverage by other health insurance prior to the state plan and after eligibility for the state plan ends;
    - 10.2.2.2. 

      ☐ The quality of health coverage provided including the types of benefits provided;
    - 10.2.2.3. 

      ☐ The amount and level (including payment of part or all of any premium) of assistance provided by the state;
    - 10.2.2.4.  $\boxtimes$  The service area of the state plan;
    - 10.2.2.5. 

      ☐ The time limits for coverage of a child under the state plan;
    - 10.2.2.6. 

      ☐ The state's choice of health benefits coverage and other methods used for providing child health assistance, and
    - 10.2.2.7.  $\boxtimes$  The sources of non-Federal funding used in the state plan.
  - 10.2.3. An assessment of the effectiveness of other public and private programs in the state in increasing the availability of affordable quality individual and family health insurance for children.
  - 10.2.4. 

    A review and assessment of state activities to coordinate the plan under this Title with other public and private programs providing health care and health care financing, including Medicaid and maternal and child health services.
  - 10.2.5. 

    An analysis of changes and trends in the state that affect the provision of accessible, affordable, quality health insurance and health care to children.

	43
Transmittal # _DHCP 98-1	Approval Date
Supersedes Transmittal # New New	Effective Date October 1, 1998

### **Section 10 - continued**

10.2.6.	A description of any plans the state has for improving the availability
	of health insurance and health care for children.

- 10.2.7. 
  Recommendations for improving the program under this Title.
- 10.2.8. Any other matters the state and the Secretary consider appropriate.
- 10.3. 

  ☐ The state assures it will comply with future reporting requirements as they are developed.
- 10..4 
  The state assures that it will comply with all applicable Federal laws and regulations, including but not limited to Federal grant requirements and Federal reporting requirements.

44

Transmittal # DHCP 98-1 Approval Date Supersedes
Transmittal # New Effective Date October 1, 1998